

Worker:

Date:

Introduction to the Assessment Session Competency

	INCOMPETENT	NOVICE	ADVANCED BEGINNER	COMPETENT	PROFICIENT	EXPERT
Introduces self by name ↓						
Elicits patient's full name ↓						
Role of the PWP made clear ↓						
Confidentiality (e.g. supervision, GP, MDS) ↓						
Describes purpose/agenda of assessment and methods used ↓						
Defines time scale for the assessment ↓						
Subsequent adherence to time and content						
Overall Section Competency Rating	0	1	2	3	4	5
				6		

Establishing and Maintaining Engagement Competencies

	INCOMPETENT	NOVICE	ADVANCED BEGINNER	COMPETENT	PROFICIENT	EXPERT	
Collaborative approach							
Acknowledges the problem by use of simple and complex reflections							
Use of capsule summaries							
Use of major summaries							
Ratio of questions to feedback							
Overall Section Competency Rating	0	1	2	3	4	5	6

Interpersonal Competencies

	INCOMPETENT	NOVICE	ADVANCED BEGINNER	COMPETENT	PROFICIENT	EXPERT	
Empathises through verbal communication							
Non-verbal behaviour							
Normalizing and non-judgemental stance							
Warmth and compassion							
Pacing							
Overall Section Competency Rating	0	1	2	3	4	5	6

Information Gathering: Problem(s) Focus

COM -B		INCOMPETENT	NOVICE	ADVANCED BEGINNER	COMPETENT	PROFICIENT	EXPERT
CAPABILITY MOTIVATION OPPORTUNITY	Questioning skills						
CAPABILITY	Elicitation of problem description						
CAPABILITY	Elicits bodily symptoms of presenting problem						
CAPABILITY MOTIVATION OPPORTUNITY	Elicits behavioural symptoms of the presenting problem						
CAPABILITY MOTIVATION	Elicits key cognitions of presenting problem						
CAPABILITY MOTIVATION	Elicits emotions of the patient associated with the presenting problem						

OPPORTUNITY	Determines the impact of the problem on valued life activities							
CAPABILITY MOTIVATION OPPORTUNITY	Risk assessment							
	Sensitively integrates MDS into assessment and provides result feedback							
CAPABILITY MOTIVATION OPPORTUNITY	Recognition of co-morbidity							
CAPABILITY MOTIVATION	Assesses other important issues, such as; <ul style="list-style-type: none"> • Why do they want help now • Current & past treatments • Current medication and attitude to this treatment 							
Overall Section Competency Rating		0	1	2	3	4	5	6

Information Giving: Suitable to the Problem

	INCOMPETENT	NOVICE	ADVANCED BEGINNER	COMPETENT	PROFICIENT	EXPERT	
Co-creates accurate ABC or 5-areas conceptualisation							
Co-creates patient centred problem statement							
Overall Section Competency Rating	0	1	2	3	4	5	6

Shared Planning and Decision Making Competencies

Shared Planning and Decision Making Competencies		INCOMPETENT	NOVICE	ADVANCED BEGINNER	COMPETENT	PROFICIENT	EXPERT	
COM -B								
CAPABILITY MOTIVATION OPPORTUNITY	<p>Goals agreed</p> <p>↓</p>							
CAPABILITY MOTIVATION OPPORTUNITY	<p>Treatment options – offered to patient suitable to presentation</p> <p>↓</p>							
CAPABILITY MOTIVATION OPPORTUNITY	<p>Agrees appropriate plans & actions</p> <p>↓</p>							
	<p>Ends the session</p>							
Overall Section Competency Rating		0	1	2	3	4	5	6